



**NURSING** ALUMNI ASSOCIATION UH MĀNOA



**DR. ANGELO VOLANDES** MD, MPH **Harvard Medical School** 



DR. RAE SEITZ, MD **HMSA** 

Disability Access: Persons with disability-related access needs are invited to contact Carlyn Okatomi by 2/18/15 at (808) 956-0896 or at carlynli@hawaii.edu.

## THE CONVERSATION:

## **Advanced Health Care Planning** for Those Involved in the Care of the Seriously III

Dr. Angelo Volandes, MD, MPH, Harvard Medical School Dr. Rae Seitz, MD, HMSA Senior Medical Director

**WEDNESDAY, FEBRUARY 25, 2015** 4:30 P.M. REGISTRATION 5 - 7:30 P.M. PROGRAM **UH MĀNOA CAMPUS, CAMPUS CENTER BALLROOM** 

In Hawai'i, there are significant opportunities to better honor people's preferences for care, and we have a unique opportunity to make that happen. We know that the majority of seriously ill Americans, when possible, want their care to occur in their home. But many people choose disease-modifying medications and treatments instead of comfort-directed care, which offers high-quality symptom relief and resolution of spiritual, social, and psychological suffering. Now there's an option that combines both of these approaches.

Recent data indicates that high-quality supportive care, also known as palliative care, can result in prolonged life and improve or maintain quality of life when combined with disease-modifying treatments. Dr. Volandes' ACP Decision library of video decision aids supports the process of shared decision-making by helping patients with serious illnesses and their families envision what different treatment options will entail and how they will affect their quality of life. By actually viewing the treatments on video, they can learn about different treatment options and consider how the treatments align with their goals and values. Over ninety percent of patients, who watched the videos, recommend the videos to other patients with serious illness.

## **Program**

Dr. Angelo Volandes – Informing and Honoring Patient Choices Dr. Rae Seitz – Best Care Possible Panel Discussion: "Real Life Conversations" Pūpū reception

FREE. No admission cost.

RSVP online by Wednesday, Feb. 18, 2015 to www.nursing.hawaii.edu/TheConversation

This event is open to UH Mānoa students (nursing, social work, public health, medicine, law, etc.), UH Mānoa Nursing alumni, and members of the healthcare community.

Parking after 4 p.m. on upper UH Mānoa campus is a flat-rate of \$6.

Sponsored by HMSA, UH Mānoa Nursing, and UH Mānoa Nursing Alumni Association.